Task Demand Comparisons

For each of the following, please place a mark to indicate which of the two was more demanding for you.

1. ________ Physical Demand OR ________ Mental Demand
2. ________ Temporal Demand OR ________ Mental Demand
3. ________ Performance OR ________ Mental Demand
4. ________ Frustration level OR ________ Mental Demand
5. ________ Effort OR ________ Mental Demand
6. ________ Temporal Demand OR ________ Physical Demand
7. ________ Performance OR ________ Physical Demand
8. ________ Frustration level OR ________ Physical Demand
9. ________ Effort OR ________ Physical Demand
10. ________ Temporal Demand OR ________ Performance
11. ________ Temporal Demand OR ________ Frustration level
12. ________ Temporal Demand OR ________ Effort
13. ________ Performance OR ________ Frustration level
14. ________ Performance OR ________ Effort
15. ________ Effort OR ________ Frustration level